

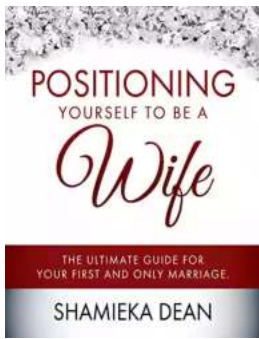
The Ultimate Guide To Your First And Only Marriage



Marriage is a beautiful union of two individuals who have found love and companionship in each other. The journey of a successful and fulfilling marriage begins with immense love, understanding, and commitment. However, it's no secret that marriage requires effort and dedication from both partners.

Chapter 1: Preparing for Marriage

Before embarking on the lifelong journey of marriage, it's essential to prepare yourself physically, mentally, and emotionally. This chapter will guide you through the crucial steps of preparing for your first and only marriage.



Positioning Yourself to be a Wife: The Ultimate Guide to your First and Only Marriage

by Shamiika Dean (Kindle Edition)

★★★★☆ 4.8 out of 5

Language : English
File size : 1804 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 180 pages
Lending : Enabled
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1.1 Setting realistic expectations

In any marriage, it's important to have realistic expectations of yourself, your partner, and the relationship itself. Understanding that marriage involves both joys and challenges will help you navigate through the ups and downs.

1.2 Communication & Understanding

Effective communication and understanding are the pillars of a successful marriage. Learn how to express your thoughts and emotions openly, and most importantly, actively listen to your spouse. Developing these skills will help you build a strong foundation for your marriage.

1.3 Pre-marriage counseling

Consider attending pre-marriage counseling as it can provide valuable insights into various aspects of marriage. It offers a safe space to discuss potential challenges, address any concerns, and learn vital conflict resolution skills.

Chapter 2: Nurturing Your Relationship

Marriage is a continual journey of growth and development. This chapter focuses on nurturing your relationship to strengthen the bond between you and your spouse.

2.1 Quality time together

Amidst the busyness of everyday life, make sure to spend quality time together. Plan dates, engage in shared hobbies, and take trips that allow both of you to reconnect and create cherished memories.

2.2 Emotional support

Be there for your spouse during their highs and lows. Offer emotional support through kind words, understanding, and empathy. Being a reliable source of comfort will deepen your connection and make your marriage stronger.

2.3 Emotional intimacy

Emotional intimacy plays a crucial role in a lasting marriage. Share your fears, dreams, and vulnerabilities with each other, fostering an environment of trust and understanding.

Chapter 3: Overcoming Challenges

Even the most solid marriages may encounter challenges along the way. This chapter equips you with strategies to overcome obstacles that you may face throughout your marital journey.

3.1 Conflict resolution

Learn effective methods of resolving conflicts in a healthy and constructive manner. Communication, empathy, and compromise are key elements in

navigating disagreements.

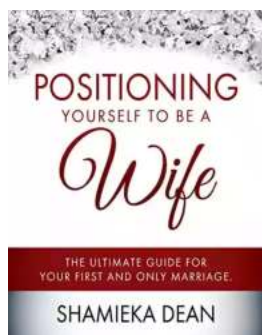
3.2 Building trust

Trust is the foundation of any successful marriage. Discover how trust can be built and nurtured through open communication, reliability, and honesty.

3.3 Seeking professional help

Don't hesitate to seek professional help if you face challenges that seem too overwhelming to handle. Marriage counseling can provide guidance and support to overcome these hurdles and strengthen your bond.

Your first and only marriage is an opportunity to build a lifelong partnership filled with love, companionship, and growth. By following this ultimate guide, you are equipped with the knowledge and tools to navigate through the various stages of marriage successfully. Remember, a strong and fulfilling marriage requires continuous effort and commitment from both partners.



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Shamieka Dean wrote the vision and made it plain. She knew exactly what she wanted in her husband, from the way he dressed to the way he made her laugh. When God brought her king into her world in July 2005, all of her expectations were exceeded. Shamieka was at an all-time high when she said those legendary words, “I DO.” She got her king and they were living the dream, until Valentine’s Day 2012, when Shamieka went to her mailbox, and opened an envelope to only read, “FINAL DISSOLUTION OF MARRIAGE.” She had married the man she prayed for, only to end up in divorce court seven years later. She was in overwhelming pain, disappointment, anger, and full of fear. She was now a divorced-single mother with three children. Shamieka asked God one question, “How did we get here?” He replied, “You were a single-married woman.” Shamieka realized in that moment, the words “I DO” only changed her last name when she married her king.

In this thought-provoking, gut-wrenching book, you will see how Shamieka Dean, also known as the Queen of Restoration, went from divorced to marrying her king a second time. Shamieka Dean, the Queen of Restoration, in her Real, Raw & Relatable style, gives you a transparent look into the journey of restoration of her marriage AFTER DIVORCE! Marriage has a formula, and Shamieka Dean, the Queen of Restoration, takes you through a step-by-step process to achieving a successful marriage.

Shamieka will take you through the process of learning

- How to overcome the fears most single women face
- How to attract the man you’ve been praying for
- How to confidently know if he’s “the one”
- How to defeat divorce court

Allow yourself the chance to enter the world of, Positioning Yourself to be a Wife.



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