

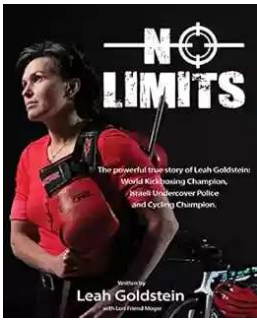
# The Powerful True Story Of Leah Goldstein



In a world where challenges and obstacles can often hinder our dreams, there are individuals who rise above the limitations and inspire us all. One such person is Leah Goldstein, whose remarkable journey from the Israeli Defense Forces to becoming a world champion cyclist is nothing short of extraordinary.

## **From Soldier to Athlete**

Leah Goldstein's journey began in the tough streets of Vancouver, Canada. Raised in a family of athletes, she discovered her passion for sports at a young age. However, her life took an unexpected turn when Goldstein joined the Israeli Defense Forces (IDF) at 18.



## No Limits: The powerful true story of Leah Goldstein: World Champion Kickboxer, Ultra Endurance Cyclist, and Israeli Undercover Police

**Officer** by Leah Goldstein (Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English  
File size : 16210 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 284 pages  
Lending : Enabled



During her time in the IDF, Goldstein faced numerous challenges. She pushed herself to the limits physically and mentally, honing her skills in combat techniques and resilience. Little did she know that these experiences would later shape her as an athlete.

### **A Life-Altering Event**

After completing her service in the IDF, Goldstein found herself at a crossroads. Uncertain of her next steps, she decided to explore the world of competitive cycling. It was during this time that fate dealt her a cruel hand.

While participating in a race, Goldstein was hit by a drunk driver, leaving her with serious injuries. Doctors told her that she may never walk or cycle again. But Goldstein's fighting spirit prevailed.

Months of rehabilitation and determination led to her miraculous recovery. Undeterred by her injuries, Goldstein returned to the cycling scene with newfound

strength and resilience.

## **From Recovery to Triumph**

Leah Goldstein's comeback story is nothing short of inspiring. She rose through the ranks, competing in some of the toughest races around the world. Her skills and endurance led to her becoming a world champion and setting numerous records.

However, Goldstein's achievements go beyond the realm of sports. Her journey has inspired countless individuals facing adversity. She has become a motivational speaker, sharing her story of resilience and pursuing one's dreams despite obstacles.

## **Continued Success**

Leah Goldstein continues to impact lives through her athletic achievements and motivational speaking. She serves as a role model for aspiring athletes and individuals looking to overcome challenges in their own lives.

Her story is a testament to the power of determination and the human spirit. It reminds us that with hard work and dedication, we can overcome any obstacle in our path.



## **A Legacy of Inspiration**

Leah Goldstein's powerful story will continue to inspire generations to come. Her resilience, determination, and unwavering spirit serve as a beacon of hope for anyone facing challenges in their personal or professional lives.

Through her triumphs and setbacks, Goldstein reminds us that even in our darkest moments, there is a flicker of light that can guide us towards our dreams.



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Having faced fear many times, Goldstein has learnt that no matter how genuine the actual danger we confront may be, we have two choices: fight or flight. Yet, some of us have fallen into a third, much more dangerous category, by simply freezing. We do nothing, and therefore risk neither failure or success.

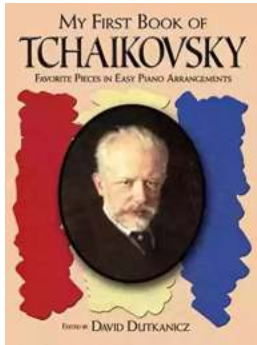
As a little girl Leah wanted to be Bruce Lee and became the World Kickboxing champion at 17. Leah then set her sights on the Israeli Defence Force and became the first female Commando instructor in a male dominated climate. When part of Leah's anti-terrorism squad were brutally murdered, she was released from the Israeli Military to pursue her pro cycling dream. After a decade of perseverance and successes (and several horrendous crashes), she set her sights on ultra-distance races. As a rookie, she placed first in the 2011 women's solo division of the world's most arduous 3000-mile, single-stage cycling competition, Race Across America. In 2021, at 52 years old, Leah has made history as the first female to WIN the overall SOLO Division in the 39-year history of Race Across America. Full of tragedies and triumphs, crashes and podiums,

Leah Goldstein's life has been a long series of fights and even a few flights. Her fascinating story is not about being fearless but about being unstoppable.



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