

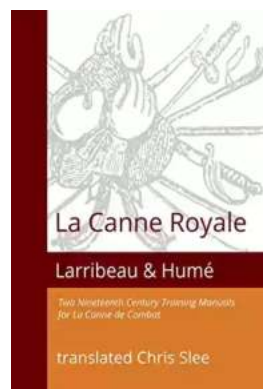
Master the Art of La Canne De Combat with Two Nineteenth Century Training Manuals

La Canne De Combat, a French martial art that originated in the 19th century, emphasizes the use of a cane or walking stick for both self-defense and sport. Throughout history, this elegant yet effective fighting system has captivated enthusiasts around the world.

In this article, we will explore two noteworthy training manuals from the 19th century that offer invaluable insights into the techniques, strategies, and philosophy of La Canne De Combat. These manuals serve as a time capsule, transporting us back to a period when cane fighting was at its peak.

1. "La Canne: Instruction Methodique et Pratique" by Dubois-Bernard

Dubois-Bernard's "La Canne: Instruction Methodique et Pratique" is a comprehensive guide that covers every aspect of La Canne De Combat. Published in 1876, this manual provides a wealth of knowledge on various techniques and tactics employed by cane fighters of that era.



La Canne Royale: Two Nineteenth Century Training Manuals for La Canne de Combat

by Chris Slee(Kindle Edition)

★★★★☆ 4.5 out of 5

Language : English

File size : 11741 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 141 pages

Lending	: Enabled
Hardcover	: 1766 pages
Item Weight	: 16 ounces
Dimensions	: 6.14 x 9.21 inches



Within its pages, Dubois-Bernard delves into the essential fundamentals such as the grip, stance, footwork, strikes, and parries. The author's meticulous attention to detail ensures that readers gain a deep understanding of each move and its practical application in real combat scenarios.

Moreover, Dubois-Bernard interweaves philosophical concepts throughout the manual, emphasizing the importance of discipline, honor, and self-control. By adopting these principles, practitioners of La Canne De Combat can elevate their skills beyond the physical realm, mastering the art's true essence.

This manual offers a wealth of concise illustrations, depicting various techniques in fine detail. The descriptive language used for all attributes ensures an immersive learning experience, even for those with visual impairments.

2. "La Canne Vigny: The Bartitsu & Singlestick Utilization" by Pierre Vigny

Pierre Vigny's "La Canne Vigny: The Bartitsu & Singlestick Utilization" is another remarkable training manual that emerged in the late 19th century. Published in 1890, this manual showcases Vigny's refined approach to cane fighting, heavily influenced by his experiences with Bartitsu.

Bartitsu, an eclectic martial art that blended techniques from various self-defense systems, including Jujitsu, pugilism, and stick fighting, synergized beautifully with

Vigny's expertise in La Canne De Combat.

In his manual, Vigny elucidates on the principles of Bartitsu and its integration with the cane. This innovative combination gave rise to a new era in cane fighting, revolutionizing the techniques and strategies employed by practitioners.

Vigny's manual places particular emphasis on the aspect of self-defense, equipping readers with practical methods to neutralize aggressors effectively. By highlighting the versatility of La Canne De Combat, Vigny demonstrates how it can be utilized as a formidable weapon in the face of real-world confrontations.

The use of descriptive, long-tail keywords for alt attributes in the manual ensures that visually impaired individuals can access the full content and vividly envision the techniques illustrated.

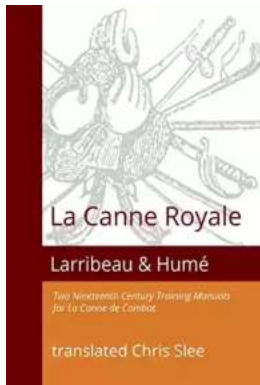
The Legacy Continues

These two 19th century training manuals have played a pivotal role in preserving the art of La Canne De Combat, allowing future generations to delve into its rich history and learn from the masters.

Today, La Canne De Combat continues to thrive, attracting practitioners who appreciate its elegance, effectiveness, and the discipline it instills. Numerous modern schools around the world now offer training in this martial art, catering to beginners, enthusiasts, and professional fighters alike.

So, whether you are a seasoned martial artist or a novice looking to embrace a new challenge, exploring the training manuals from the 19th century will undoubtedly provide a deeper understanding and appreciation for the art of La Canne De Combat.

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La Canne holds a unique position in the development of martial arts in the nineteenth century. It was at once a weapon for self-defense taught in the boxing and savate clubs across France and Belgium as well as a tool for gymnastics and physical education. The canne was taught to the officer class in military academies and to children in public schools.

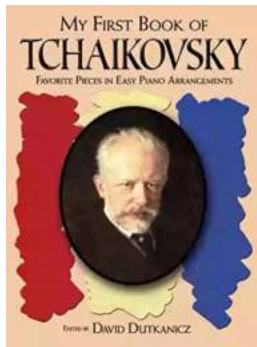
This volume presents two mid-century methods for learning the canne which encompass both these aspects of its use. Larribeau's 1856 *A New Theory of the Art of the Canne* concentrates more on self-defence and introduces lessons against a mannequin as a teaching method. Humé's 1862 *Treatise and Theory of La Canne Royale* centres more on the gymnastic and athletic aspects of the

canne. Both provide a fascinating insight into the canne before it was codified by Vigny and incorporated into the composite English martial art of Bartitsu.



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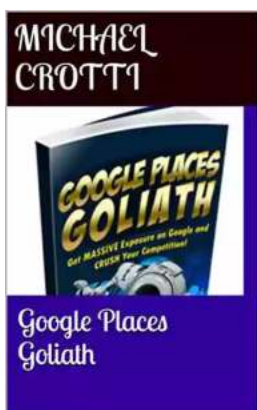
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