

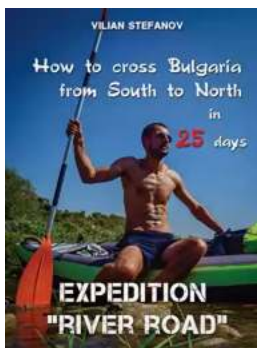
# How To Cross Bulgaria From South To North In 25 Days: A Guide To Forgotten Bulgaria

Are you ready for an unforgettable adventure? Join us as we take you on a journey across the fascinating landscapes and hidden gems of Bulgaria! This guide will provide you with all the information you need to embark on a 25-day expedition from the southern border to the northern tip of this captivating country.

Bulgaria, often overlooked by tourists, holds a wealth of history, natural beauty, and cultural heritage. With its diverse landscapes, from the beautiful Black Sea coast to the majestic Balkan Mountains, Bulgaria is a true gem waiting to be discovered. So, let's dive right in and explore the forgotten Bulgaria!

## Day 1: Arrival in Sofia

Your adventure starts in Sofia, the vibrant capital of Bulgaria. Upon arrival, immerse yourself in the city's rich history and architectural wonders. Visit iconic landmarks such as the Alexander Nevsky Cathedral, the Ivan Vazov National Theater, and the historic Sofia Synagogue. Don't forget to indulge in some delicious Bulgarian cuisine at a local restaurant.



## Expedition "River Road": How to cross Bulgaria from South to North in 25 days (Guide of Forgotten Bulgaria Book 3)

by Bruce Sutherland (Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 303 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled  
Print length : 127 pages  
Lending : Enabled



After exploring the city, it's time to head south towards Bulgaria's border with Greece. Our first stop is the charming town of Melnik, known for its unique architecture and renowned wineries. You can enjoy a scenic hike through the Melnik Pyramids, bizarre sand formations that resemble ancient castles.

### **Day 5: Plovdiv - The City of Seven Hills**

On day 5, we reach Plovdiv, one of the oldest continuously inhabited cities in Europe. Known as the City of Seven Hills, Plovdiv offers a delightful mix of ancient ruins, picturesque streets, and a thriving art scene. Explore the well-preserved Roman amphitheater, walk along the charming Old Town, and discover the vibrant Kapana district, filled with galleries, cafes, and artisan shops.

### **Day 10: Into the Heart of the Balkan Mountains**

As we venture further north, the majestic Balkan Mountains come into view. Nature lovers will be in awe of the untamed beauty that surrounds them. Make sure to visit the impressive Buzludzha Monument, a massive structure perched on top of a peak, offering breathtaking panoramic views.

Continuing our journey, we reach the picturesque town of Tryavna. Admire the traditional Bulgarian architecture and explore its well-preserved museums, such as the Daskalov House and the Museum of Asian and African Art. Don't miss the opportunity to try traditional Bulgarian crafts, such as woodcarving or pottery.

### **Day 15: Rila Monastery - A Spiritual Oasis**

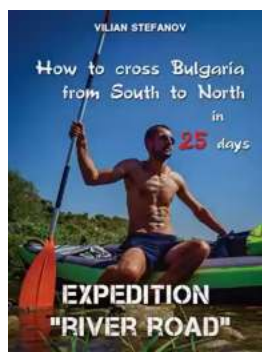
No visit to Bulgaria would be complete without exploring the famous Rila Monastery. Nestled in the heart of the Rila Mountains, this UNESCO World Heritage site is a true spiritual oasis. Marvel at its intricate frescoes, visit the monastery's museum, and take a moment to enjoy the serene atmosphere of this sacred place.

## Day 20: The Danube River - Bulgaria's Northern Border

As we near the end of our journey, we arrive at the northern border of Bulgaria, where the mighty Danube River flows. Take a boat trip along the river and enjoy the tranquility of the surrounding nature. Don't forget to visit the charming town of Ruse, known for its stunning architecture and vibrant cultural scene.

After 25 days of exploring the hidden gems of Bulgaria, your journey comes to an end. Reflect on the unforgettable experiences, colorful landscapes, and welcoming Bulgarian hospitality that you have encountered along the way. Bulgaria, the forgotten treasure of Eastern Europe, will forever hold a special place in your heart.

So, are you ready to embark on this incredible adventure? Pack your bags, gather your adventurous spirit, and get ready to cross Bulgaria from south to north in 25 days!



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The adventurer Vilian Stefanov managed to cross Bulgaria from south to north in 25 days. His means of travel: He walked. When he hit water, he used his inflatable kayak.

His adventure began on August 1st, 2016. In the following 25 days, he travelled 450 kilometers, from the Greek border, on the outskirts of the village of Mugla in the Rhodope mountains, to the town of Nikopol, situated on the bank of the Danube river. In order to reach his goal of crossing his home country, Vilian walked all by himself in the wilderness, he crossed rivers and and climbed mountains, including Botev Peak, 2,376 meters above the sea level, in the Stara Planina mountain range.

Vilian did not look for shelter. He spent each of the 25 nights either sleeping under a mosquito net, in his kayak, or in his hammock, hanging between the trees.

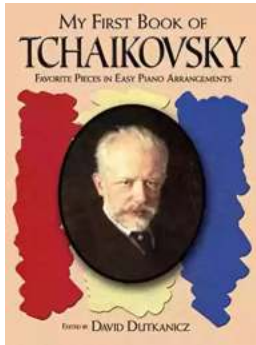
His biggest hardship? The weather conditions. Due to the latter, he spent more than one night sleeping out there in the open during storms. One of his last nights before reaching his final destination, he spent 5 hours in the pouring rain.

With the successful completion of his expedition “River Route Across Bulgaria “, Vilian proved everything is possible. All you need is a little luck and a lot of determination.



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