

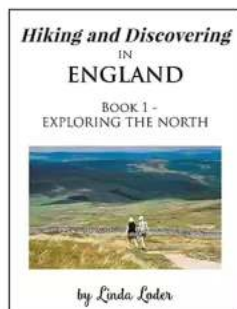
Hiking And Discovering In England Exploring The North

Are you looking for a remarkable hiking adventure in England? Look no further! The northern region of England offers breathtaking landscapes, ancient historical sites, and charming villages that will leave you in awe. Grab your hiking boots, pack your backpack, and get ready to explore the wonders of northern England.

From the rugged peaks of the Lake District to the enchanting moors of Yorkshire, England's north has so much to offer to avid hikers. Whether you are a beginner or a seasoned trekker, there are trails suitable for all levels of experience. Lace up your shoes, and embark on a journey through nature that will rejuvenate your soul.

Discovering the Lake District

The Lake District, located in the county of Cumbria, is a hiker's paradise. With its glistening lakes, majestic mountains, and charming villages, it's no wonder this region has inspired countless artists and writers throughout history. As you traverse the trails, don't forget to take in the stunning views of Windermere, Ullswater, and Derwentwater, three of the most iconic lakes in the area. The Lake District National Park offers an array of hiking options, ranging from gentle strolls to challenging hikes up peaks like Scafell Pike, the highest mountain in England.



Hiking and Discovering In England – Book 1 – Exploring The North by John Hay (Kindle Edition)

★★★★☆ 4.5 out of 5

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Screen Reader : Supported

Print length : 360 pages

Lending : Enabled



During your hike in the Lake District, make sure to take a detour to explore the quaint village of Grasmere. Known for its association with poet William Wordsworth, Grasmere exudes a tranquil atmosphere that will transport you back in time. Enjoy a slice of the famous Grasmere gingerbread as you wander through the village's picturesque streets.

Unveiling Yorkshire's Charms

Yorkshire, with its vast moorlands and rugged coastlines, is a region brimming with natural beauty. The Yorkshire Dales National Park is a haven for hikers, boasting picturesque valleys, cascading waterfalls, and limestone cliffs. Take a stroll along the famous Malham Cove and be mesmerized by its impressive natural amphitheater-like formation.

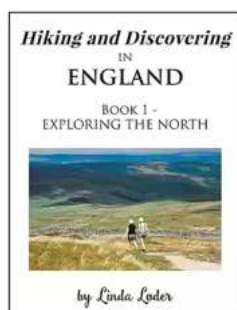
If you are up for a challenge, head to the North York Moors National Park and conquer the iconic Roseberry Topping. This distinctive hill offers panoramic views of the surrounding countryside and is sure to reward your efforts. Don't forget to snap a photo at the top and document your achievement!

Historical Gems and Medieval Towns

Aside from its stunning landscapes, northern England is also rich in history and heritage. Make a stop in the city of York, where medieval streets, imposing city walls, and the grand York Minster cathedral will transport you back to the Middle Ages. Explore the narrow, winding lanes of the Shambles, believed to be the inspiration behind Diagon Alley in the Harry Potter series.

Further north, in the county of Northumberland, lies the ancient Hadrian's Wall. This UNESCO World Heritage Site stretches across 73 miles, once marking the northernmost reach of the Roman Empire. Marvel at the ruins of fortifications and milecastles as you imagine the legions that once guarded this mighty wall.

Exploring the north of England through hiking is an adventure that will leave a lasting impression on your heart. From the breathtaking landscapes to the rich historical sites, this region offers a little bit of everything for outdoor enthusiasts. So, lace up your boots, set off on an unforgettable journey, and let the charm of England's north captivate you.



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My book is about a personal discovery of hiking and travel in the North of England. It recounts the journey of discovery about how to hike and how to travel with hiking as the main focus. It also describes the nature of the discoveries, both personal and cultural as I explore the four main national parks in the north of England. These parks are; The Yorkshire Dales, The Yorkshire Moors, The Lake District and The Peak District. Along with the discovery of hiking is the discovery of the cultural history of the areas described. Since National Parks in England are not only areas of beauty but of cultural significance, there is much to learn. We learn about historical figures associated with the area. We find historic sites with

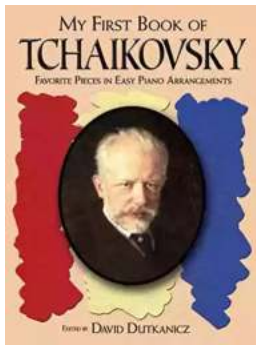
their own resident heroes and are able to walk in their footsteps as we hike. We also are privy to settings that are used for T.V. shows and movies which is often a motivating factor to encourage people to visit the area.

This is an “Off the Beaten Track” area of England and not usually included on guided tours. By taking a Boots On approach to travel rather than a Car Oriented Road Trip, we are able to discover much about the history of an area and how to explore it by hiking rather than driving by. It is Slow Travel, and a chance to see the real England, not the tourist England.



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