

Before Turn 18 Beaudin - The Ultimate Guide to Making the Most of Your Teenage Years



Are you approaching that milestone of becoming an adult, turning 18? Congratulations! The world is about to open up to you in new and exciting ways. But before you jump headfirst into adulthood, there are some important things you should consider. In this guide, we will explore the various aspects of life you should focus on before turning 18, accompanied by the inspiring stories of individuals who made the most of their teenage years, such as the famous Beaudin.

Discovering Your Passion

As a teenager, one of the most significant gifts you can give yourself is the time and space to explore your interests. Take this opportunity to experiment with different activities, hobbies, and subjects. Try your hand at painting, learn a musical instrument, participate in sports, or volunteer for a cause that resonates with you. Beaudin, a young prodigy, discovered her love for the arts at the age of 14, and by the time she turned 18, she had already showcased her artwork in prestigious galleries.

C.D. Beaudin



Before
I Turn 18

Before I Turn 18 by C.D. Beaudin (Kindle Edition)

★★★★★ 5 out of 5

Language : English

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Word Wise : Enabled

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Developing Healthy Habits

It's vital to establish healthy habits before entering adulthood. Your teenage years provide you with the perfect opportunity to prioritize your physical and mental well-being. Engage in regular exercise, eat a balanced diet, get enough sleep, and practice self-care. Prioritizing your health now will set you up for a successful and fulfilling future. Beaudin, who took up martial arts in her early teens, became a black belt before turning 18, showcasing how dedication and perseverance can shape your well-being.

Building Lifelong Friendships

Friends are an integral part of life, and the friendships you form during your teenage years can be long-lasting. Surround yourself with people who uplift and inspire you. Engage in activities that allow you to meet new individuals and forge meaningful connections. Beaudin, an outgoing teenager, formed a tight-knit group of friends who supported each other's dreams and aspirations, creating a positive and motivating environment.

Gaining Financial Literacy

Money management is a crucial skill that will serve you well throughout your life. Develop an understanding of budgeting, saving, and investing. Learn about the different financial instruments available to you and explore how to make your money work for you. Beaudin, an entrepreneur since her teenage years, started a successful online business by the time she turned 18, demonstrating that financial literacy can lead to early achievements.

Exploring the World

The world is a vast and captivating place, waiting to be discovered. Use your teenage years to explore different cultures, travel to new destinations, and broaden your horizons. Whether it's through educational trips, exchange programs, or backpacking adventures, exposing yourself to diverse experiences will enrich your understanding of the world and shape your perspectives. Beaudin, a curious soul, embarked on a solo journey across Europe during her teenage years, gaining invaluable life lessons along the way.

Embracing Self-Reflection

Finally, before turning 18, take the time to reflect on your journey so far and introspect. Understand your strengths, weaknesses, and goals. Set realistic

expectations for yourself and work on personal growth. Beaudin, a thoughtful teenager, kept a journal throughout her teenage years, allowing her to track her personal development and stay focused on her aspirations.



Your teenage years are a precious time when you have the freedom to explore, discover, and lay the foundation for an extraordinary future. By focusing on passion, health, friendships, finances, exploration, and self-reflection, you can make the most of this transformative phase in your life. Remember, the experiences you have before turning 18, just like Beaudin, can shape your dreams, ambitions, and the path you take as you step into adulthood. It's time to embrace the possibilities and create a remarkable journey before turning 18.

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In her first anthology, C.D. Beaudin explores mental health, change, death, family, and religion, while remaining true to the core reason she wrote this book: to give a voice to the youth of today. She knows what it is to fear the future, and in *Before I Turn 18*, she hopes to ensure that the reader who shares such a fear doesn't feel alone. *Before I Turn 18* is a collection of poems and thoughts, written by a youth, for the youth.

"I am on a cliff, facing a void. I have no knowledge of what is in the void, if there is anything. There is just obscurity, unknown, fear. I don't want to leave the edge. I thought I'd be ready to jump into the future by now. I thought the climb to the cliff would be enjoyable and a last hurrah and a send-off before I gladly jumped. I thought I'd know what the view would look like. I didn't know there would be a void. But here I am, on the edge, knowing I cannot go back, knowing I must jump, but my feet are frozen to the ground.

"I can't move. I want to move. At least, I think I want to. I know I have to move."



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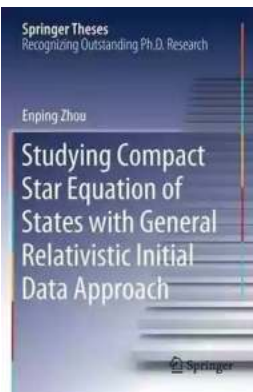
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